Scale-invariant Perturbations from Chaotic Inflation

Christian T. Byrnes and David Wands
Institute of Cosmology and Gravitation, University of Portsmouth, Portsmouth PO1 2EG, United Kingdom
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Vacuum fluctuations in the inflaton field driving chaotic inflation with a quadratic potential give a red spectrum of primordial density perturbations, $n = 0.97$. However angular fluctuations in an $O(N)$-symmetric quadratic potential have a very nearly scale-invariant spectrum, $n = 0.9998$. We investigate the possibility that these isocurvature field perturbations could give the dominant contribution to the primordial density perturbation after inflation.

I. INTRODUCTION

Probably the simplest model for inflation in the very early universe is an accelerated expansion driven by an inflaton field with a quadratic potential \[ V = \frac{1}{2} m^2 |\phi|^2, \] 
where $\phi$ is an $N$-component scalar field with rotational symmetry. In this case the radial field $|\phi|$ plays the role of the inflaton field and orthogonal fluctuations are isocurvature perturbations during inflation as they do not effect the energy-momentum tensor to linear order. For example, a massive real scalar field corresponds to $N = 1$, whereas a massive complex scalar field corresponds to the case $N = 2$, and the potential energy is independent of the phase of the field. The model (1) appears as a special case of inflation driven by multiple massive fields, previously studied in models of double inflation \[2, 3\] and assisted inflation \[4\].

Vacuum fluctuations in the inflaton field yield a lower bound on the amplitude of the primordial density perturbation. This spectrum deviates from exact scale-invariance, $n = 1$, due to the slope of the potential and effective mass of the inflaton field, characterised by the dimensionless slow-roll parameters $\epsilon$ and $\eta$ respectively. In general slow-roll inflation the scale-dependence is given by $n - 1 \simeq -6\epsilon + 2\eta$. For a quadratic inflaton potential we have $\epsilon = \eta = \eta = 0.01$ and the perturbations have a red spectrum with $n \simeq 0.97$. Combined with the tensor-scalar ratio, $r \simeq 16\epsilon \simeq 0.13$, this is marginally compatible with current observations \[6\].

But a primordial density perturbation can also be generated from vacuum fluctuations in fields other than the inflaton. Examples are the curvaton proposal \[7\], modulated reheating \[8, 9\] or asymmetric preheating in a nearly symmetric potential \[10\]. The general form for the scale-dependence of perturbations in an isocurvature field $\chi$ during slow-roll inflation is given by $n - 1 \simeq -2\epsilon + 2\eta$. For a quadratic inflaton potential with $\epsilon = \eta = \eta = 0.01$ the isocurvature perturbations have a very nearly scale-invariant spectrum.

This paper is organised as follows. In the next section we briefly review the dynamics of the homogeneous inflaton field driving chaotic inflation, and then calculate the scale-dependence of the radial and angular field perturbations. We find the spectral tilt of the isocurvature perturbations is second-order in the slow-roll approximation. In Section III we then investigate a possible mechanism that might transfer the angular fluctuations to the primordial density perturbation and compare this contribution with that from inflaton perturbations. We conclude in section IV.

II. INFLATION

We consider a scalar model with effective action
\[ S = \int d^4x \sqrt{-g} \left[ \frac{M^2}{16\pi} R - \frac{1}{2} G^{IJ}_\mu \phi_I \partial^\mu \phi_J - V(|\phi|) \right], \]
where $G^{IJ}_\mu$ is the scalar field metric. We will assume the potential, $V$, has a minimum at $\phi_K = 0$ and that as it approaches the minimum it can be described by a symmetric quadratic potential of the form given in Eq. (1) where
\[ |\phi|^2 = \sum_{i,j} G^{ij}_I \phi_I \phi_J. \]
Henceforth we take \( G_{IJ} = \delta_{IJ} \) so that the fields are canonically normalised real fields.

We can exploit the rotational symmetry to set \( \chi = \phi_J = 0 \) initially for all \( J \geq 2 \) and take \( \sigma = \phi_1 \) to be the inflaton field. Thus we can write

\[
V = \frac{1}{2} m^2 \sigma^2 ,
\]

along the classical trajectory for any number of real scalar fields in a symmetric quadratic potential. This inflaton field obeys the standard equation of motion for a single scalar field

\[
\ddot{\sigma} + 3H \dot{\sigma} + m^2 \sigma = 0 .
\]

\( \chi = 0 \) remains the classical solution for the spatially homogeneous background field. However there will be quantum vacuum fluctuations in both the radial field, \( \delta \sigma \), and orthogonal fluctuations, \( \delta \chi \). Radial fluctuations in the inflaton field, \( \sigma \), yield adiabatic density perturbations on large scales, while any fluctuations away from \( \chi = 0 \) correspond to non-adiabatic fluctuations. Non-adiabatic perturbations can in general affect the density perturbation on large scales, but our symmetric potential has a vanishing first derivative orthogonal to the inflaton, \( V_\chi = 0 \), and hence the fluctuations \( \delta \chi \) are strictly isocurvature perturbations and do not couple to the adiabatic perturbations at first-order [13].

### A. Slow-roll parameters

We conventionally define a dimensionless slow-roll parameter [5]

\[
\epsilon \equiv \frac{M_{Pl}^2}{16\pi} \left( \frac{V_\sigma}{V} \right)^2 ,
\]

where \( V_\sigma \equiv \partial V/\partial \sigma \), which describes the slope of the potential relative to the Planck scale. Two more slow-roll parameters describe the curvature of the potential with respect to the inflaton field (down the potential) and with respect to the orthogonal isocurvature field perturbations

\[
\eta_\sigma \equiv \frac{M_{Pl}^2 V_{\sigma\sigma}}{8\pi V} ,
\]

\[
\eta_\chi \equiv \frac{M_{Pl}^2 V_{\chi\chi}}{8\pi V} .
\]

For a general potential there are additional parameters at lowest order in the slow-roll approximation proportional to \( V_{\sigma\chi} \) [11], but these are zero due to our assumption of rotational symmetry.

At next order in the slow-roll expansion we also define

\[
\xi_\sigma^2 \equiv \frac{M_{Pl}^4 V_\sigma V_{\sigma\sigma\sigma}}{(8\pi)^2 V^2} , \quad \xi_\chi^2 \equiv \frac{M_{Pl}^4 V_\sigma V_{\chi\chi\chi}}{(8\pi)^2 V^2} .
\]

For the symmetric quadratic potential [11], we have

\[
\epsilon = \eta_\sigma = \eta_\chi = \frac{M_{Pl}^2}{4\pi \sigma^2} , \quad \xi_\sigma^2 = \xi_\chi^2 = 0 .
\]

Note that the slow-roll parameters are thus independent of the mass, \( m \), and depend solely on the value of the inflaton field relative to the Planck scale.

During slow-roll inflation driven by a quadratic potential the integrated expansion, or number of e-folds from the end of inflation, is given by

\[
N = \int_t^{t_\epsilon} H dt \simeq \frac{2\pi(\sigma^2 - \sigma_\epsilon^2)}{M_{Pl}^2} .
\]

Hence the slow-roll parameter [10] is given by

\[
\epsilon \simeq \frac{1}{2N} \left( 1 + \frac{2\pi \sigma_\epsilon^2}{NM_{Pl}^2} \right)^{-1} ,
\]

where \( \epsilon_{\epsilon} = M_{Pl}^2/4\pi \sigma_\epsilon^2 \sim 1 \) at the end of inflation. Comoving scales comparable to our present horizon size crossed Hubble scale during inflation when \( N_{cmb} \simeq 60 \) [14] and hence we have \( \epsilon_{cmb} \simeq 0.008 \) at that time.
B. Inflaton perturbations

Perturbations in the inflaton field are gauge-dependent, but are most easily described in the spatially flat gauge \([15]\). Inflaton perturbations with comoving wavenumber \(k\) on spatially flat slices obey the wave equation \([16]\)

\[
\ddot{\delta \sigma} + 3H \dot{\delta \sigma} + \left( \frac{k^2}{a^2} + V_{\sigma \sigma} + \frac{8\pi}{M_{Pl}^2} \frac{d}{dt} \left( \frac{a^3 \dot{\sigma}^2}{H} \right) \right) \delta \sigma = 0.
\] (13)

This can be succinctly written in terms of the variable \(u = a \delta \sigma\) \([17]\)

\[
u'' + \left( k^2 - \frac{z''}{z} \right) u = 0,
\] (14)

where a prime denotes derivatives with respect to conformal time \(d\tau \equiv \frac{dt}{a}\) and \(z \equiv a \dot{\sigma}/H\). To leading order in the slow-roll approximation we have \(z''/z \approx (2 + 9 \epsilon - 3 \eta_\sigma) \tau^2\).

In order to calculate the power spectrum to leading order in the slow-roll approximation it is sufficient to match the solution for vacuum fluctuations on small scales, \(k/a \gg H\),

\[
u = \frac{1}{\sqrt{2k}} e^{-ik\tau},
\] (15)

and match it to the growing mode solution on large scales, \(k/a \ll H\),

\[u \propto z,\] (16)

(which corresponds to a constant curvature perturbation \(H \dot{\delta \sigma}/\dot{\sigma}\) at the time when that mode crosses the Hubble scale: \(k = aH\). We thus obtain the power spectrum for inflaton field perturbations on large scales

\[
P_\sigma \equiv \frac{4\pi k^3}{(2\pi)^3} |\delta \phi|^2 \simeq \left( \frac{\dot{\sigma}}{H} \right)^2 \left( \frac{H}{\dot{\sigma}} \right)^2 \big|_{k = aH}.
\] (17)

The scale-dependence of the spectrum \([18]\) follows from the time-dependence of the quantities in the square-bracket evaluated when \(k = aH\). The spectral tilt is then given by

\[
\Delta n_\sigma \equiv \frac{d \ln P_\sigma}{d \ln k} \simeq -6\epsilon + 2\eta_\sigma.
\] (18)

Hence for a quadratic potential with \(\epsilon = \eta_\sigma \simeq 0.008\) we have

\[
\Delta n_\sigma \simeq -0.03.
\] (19)

Note that the running of the inflaton spectral index is given by

\[
\alpha_\sigma \equiv \frac{d \Delta n_\sigma}{d \ln k} \simeq -24\epsilon^2 + 16\epsilon \eta_\sigma - 2\xi_\sigma^2,
\] (20)

where \(\xi_\sigma^2 = 0\) for our quadratic potential and hence we have \(\alpha_\sigma \simeq -8\epsilon^2\) and hence of higher-order in the slow-roll parameter.

C. Isocurvature perturbations

Field fluctuations, \(\delta \chi\), orthogonal to the inflaton field are automatically gauge-independent \([13]\) since \(\chi = 0\) in the homogeneous background solution. These are isocurvature and hence they obey the wave equation for field perturbations in an unperturbed FRW metric:

\[
\ddot{\delta \chi} + 3H \dot{\delta \chi} + \left( \frac{k^2}{a^2} + V_{\chi \chi} \right) \delta \chi = 0.
\] (21)

In conformal time this can be written in terms of the variable \(v = a \delta \chi\) as

\[
v'' + \left( k^2 + a^2 V_{\chi \chi} - \frac{a''}{a} \right) v = 0,
\] (22)
where to leading order in slow-roll $a''/a \simeq (2 + 3\epsilon)/\tau^2$ and $m^2a^2 \simeq 3\epsilon/\tau^2$. Hence the equation above can be rewritten as

$$v'' + \left[ k^2 - \frac{1}{\tau^2} \left( v^2 - \frac{1}{4} \right) \right] v = 0 \quad \text{where} \quad \nu = \frac{3}{2} + \mathcal{O}(\epsilon^2). \quad (23)$$

Note that for isocurvature perturbations in a quadratic potential the terms $\mathcal{O}(\epsilon)$ in Eq. (22) cancel out. Thus the equation of motion (23) to first-order in slow-roll is the same as that for a massless scalar field in de Sitter (although the actual field is neither massless, nor in de Sitter). $\nu$ is a constant up to second-order in slow roll parameters and hence the approximate solution on timescales of order the Hubble time, is given by Hankel functions of order $\nu \simeq 3/2$. Matching the general solution to the small-scale asymptotic vacuum (15) gives

$$v \simeq \frac{1}{\sqrt{2k}} e^{-ik\tau} \left( 1 + \frac{i}{k\tau} \right). \quad (24)$$

To obtain a more accurate solution over many Hubble times (without using the slow-roll approximation), on large scales, we note that the equation of motion for isocurvature perturbations is exactly the same as that for the homogeneous inflaton field (5) in the long-wavelength limit where gradient terms can be neglected. Therefore we have $\delta \chi = A(k)\sigma$ on large scales. Matching this solution with the growing mode of Eq. (24) at Hubble exit, i.e. at $k = aH$ or equivalently at $k\tau = -(1 + \epsilon)$ leads to

$$\mathcal{P}_\chi(k) \equiv \frac{4\pi k^3}{(2\pi)^3} |\delta \chi|^2 \simeq \sigma^2 \left[ \frac{(1 - \epsilon)H}{2\pi\sigma} \right]^2_{k=aH}. \quad (25)$$

We can use the first-order slow-roll solution

$$\frac{H^2}{\sigma^2} \simeq \frac{4\pi}{3} \left( \frac{m}{M_{Pl}} \right)^2 \left( 1 + \frac{1}{3\epsilon} \right), \quad (26)$$

at Hubble-exit, to obtain

$$\mathcal{P}_\chi(k) \simeq \frac{\sigma^2}{3\pi} \left( \frac{m}{M_{Pl}} \right)^2 \left[ 1 - \frac{5}{3} \right]_{k=aH}. \quad (27)$$

$\sigma^2/M_{Pl}^2 \sim N/2\pi$ gives the overall time-dependence of the spectrum during inflation. The only scale-dependent term in this equation is the slow-roll parameter, $\epsilon$, evaluated at Hubble-exit.

It is straightforward to calculate the spectral tilt

$$\Delta n_\chi = \frac{d\ln\mathcal{P}_\chi}{d\ln k} \simeq -\frac{10}{3}\epsilon^2. \quad (28)$$

Since this is second order in slow roll it is very small, $\Delta n_\chi = -0.0002$. The running of the isocurvature spectral index is even smaller, being third-order in slow roll

$$\alpha_\chi \equiv \frac{d\Delta n_\chi}{d\ln k} \simeq -\frac{40}{3}\epsilon^3. \quad (29)$$

In Appendix A we show that our calculation of the spectrum and its scale dependence can be confirmed using a more accurate Hankel function solution around Hubble exit, including the second order slow-roll correction to $\nu$ in Eq. (23).

### III. PRIMORDIAL DENSITY PERTURBATIONS

We have shown that inflation driven by a quadratic potential produces an almost scale-invariant spectrum of field perturbations on super-Hubble scales by the end of inflation. To give rise to the observed anisotropies in the microwave background sky and large-scale structure in our Universe today, these field perturbations during inflation must produce density perturbations in the radiation dominated era after inflation. These primordial perturbations are usefully characterised in terms of the dimensionless density perturbation on spatially-flat hypersurfaces. For linear perturbations we define

$$\zeta = -\frac{H\delta \rho}{\dot{\rho}}. \quad (30)$$
This is equivalent to the perturbed expansion, \( \delta N = H \delta t \), up to a uniform-density hypersurface some time after inflation.

Because we are interested in perturbations on scales very much larger than the Hubble scale, the local expansion, \( N \), is given in terms of the background solution for the local values of the scalar fields on an initial spatially-flat hypersurface during inflation. This is known as the “separate universes” approach [18]. Thus for one or more scalar fields, \( \phi_I \), during inflation, we have

\[ \zeta = \sum_I \frac{\partial N}{\partial \phi_I} \delta \phi_I. \]  

(31)

Lyth and Rodriguez [20] have recently pointed out that the extension of this result to second-order also allows one to calculate the non-Gaussianity of primordial perturbations due to non-linear dependence of the expansion after Hubble exit on the initial field values. Non-Gaussianity from adiabatic field fluctuations in single-field inflation are small (first-order in slow-roll parameters [21, 22]) but provide an important constraint on non-adiabatic fluctuations in multi-field models [23, 24, 25].

The power spectrum of primordial density perturbations can thus be written as a sum of contributions from the power spectra of individual fields

\[ P_\zeta = \sum_{I} \left( \frac{\partial N}{\partial \phi_I} \right)^2 P_{\phi_I}. \]  

(32)

This can then be split into a contribution from inflaton perturbations, \( \delta \sigma \), and the orthogonal isocurvature perturbations during inflation

\[ P_\zeta = \left( \frac{\partial N}{\partial \sigma} \right)^2 P_{\sigma} + \sum_{I} \left( \frac{\partial N}{\partial \chi_I} \right)^2 P_{\chi_I}. \]  

(33)

The existence of a very nearly scale-invariant spectrum of isocurvature perturbations on large scales during inflation thus allows the possibility of producing a very nearly scale-invariant spectrum of primordial density perturbations after inflation. These perturbations are on wavelengths far greater than the Hubble scale at the end of inflation and so their subsequent evolution should be very well described by the long-wavelength approximation in which spatial gradients can be neglected and hence is independent of wavenumber. Thus any conversion of isocurvature to curvature perturbations after inflation will be independent of scale and yield a spectral tilt \( n - 1 = \Delta n_\chi \).

### A. Perturbations during inflation

Field perturbations in the inflaton field during inflation correspond to perturbations along the background trajectory and thus the perturbed expansion can be calculated anytime after Hubble-exit, to give

\[ P_{\zeta, \text{inf}} = \left( \frac{H}{\sigma} \right)^2 P_{\sigma}. \]  

(34)

Using Eq. 17 and the slow-roll approximation 11, we have

\[ P_{\zeta, \text{inf}} \simeq \frac{16 \pi}{3} \left[ \frac{m \sigma^2}{M_{Pl}^3} \right]_{k=aH} \simeq \frac{4}{3 \pi} \left( \frac{m}{M_{Pl}} \right)^2 \left( N + \frac{2 \pi \sigma^2}{M_{Pl}^2} \right)_{k=aH}. \]  

(35)

Given the WMAP normalisation, \( P_\zeta \simeq 2 \times 10^{-9} \) [24], then for \( m \simeq 10^{-6} M_{Pl} \) fluctuations in the inflaton field produce primordial density perturbations of the observed magnitude. On the other hand for \( m < 10^{-6} M_{Pl} \) the inflaton perturbations are below the observational bound and we would require an additional contribution from isocurvature perturbations to generate the primordial density perturbations.

We also see that primordial density perturbations due to inflaton fluctuations will have the same spectral tilt [10] as the inflaton perturbations on large scales during inflation, conventionally written as \( n = 1 + \Delta n_\sigma \simeq 0.97 \).

It has been shown that the non-Gaussianity from inflaton fluctuations during slow-roll will be negligible with non-linearity parameter \( f_{NL} \simeq -5 \epsilon / 3 \) [21].
B. Perturbations from instant preheating

Perturbations in the orthogonal fields do not affect the expansion history during inflation due to our assumption that the potential, $V$, is symmetric under rotations. But these isocurvature perturbations during inflation can give an additional contribution to the density perturbation in the radiation era if the symmetry of the self-interaction potential is broken by other interactions of the field. In particular they will produce density perturbations if the local expansion, $N$, is sensitive to the initial isocurvature perturbations, $\partial N/\partial \chi \neq 0$ in Eq. (43).

We will consider a model of instant preheating at the end of inflation where the inflaton field’s energy density can be transferred to a preheat field during the first oscillation of the inflaton field [27]. This simplifies the calculation of the isocurvature perturbations which might be dissipated if reheating took place over many oscillations.

In this scenario the preheat particles $\psi$ are created through an interaction term $g^2 \phi^2 \psi^2/2$, during a brief period around $\phi = 0$, when their effective mass vanishes. The energy density in the $\chi$-field is then “fattened” by the coupling to the inflaton field as $\phi$ rolls back up the potential because of their effective mass, $m_\chi^2 = g^2 \phi^2$. Through a Yukawa interaction $\lambda \psi \omega \sigma$ the preheat field can then decay into $\omega$ particles, decaying most rapidly when the $\psi$ particles reach their maximum effective mass, as the inflaton field reaches its maximum. Depending on the coupling constants this process may be so efficient that all further decay of the inflaton field can be neglected [27, 28].

The efficiency of instant preheating is sensitive to the phase of a complex scalar field if the real and imaginary components ($\phi_1$ and $\phi_2$) have different couplings to the preheat field. We consider an interaction term

$$\mathcal{L}_{\text{int}} = -\frac{1}{2}(g_1^2 \phi_1^2 + g_2^2 \phi_2^2)\psi^2,$$

which explicitly breaks the rotational symmetry of the inflationary potential.

Particle creation in the preheat field first occurs when the adiabatic condition fails, $|\dot{m}_\psi| = m_\psi^2$, shortly before the inflaton first passes through its minimum. Denoting this time with a “$\ast$”, so that e.g. $\sigma_\ast = \sigma(t_\ast)$, the adiabatic condition is broken when

$$|\dot{\sigma}| = |\sigma_\ast|^2 \dot{\tilde{g}},$$

where the effective coupling constant is given by

$$\tilde{g}^2(\theta) \equiv g_1^2 \cos^2 \theta + g_2^2 \sin^2 \theta$$

and $\phi_1 = \sigma \cos \theta$ and $\phi_2 = \sigma \sin \theta$. In practice $|\dot{\sigma}| \sim m M_{\text{Pl}}$ and is independent of $\tilde{g}$, and hence independent of the phase $\theta$, for $m \ll \tilde{g} M_{\text{Pl}}$.

The time interval during which particle creation takes place is

$$\Delta t_\ast \sim \frac{\sigma_\ast}{|\dot{\sigma}_\ast|} = |\dot{\sigma}_\ast|^{-1/2} \tilde{g}^{-1/2}.$$

After the inflaton field has passed through the origin for the first time the occupation number of the $\psi$ field with wavenumber $k$ is [27]

$$n_k = \exp[-\pi(k\Delta t_\ast)^2].$$

We integrate $n_k$ to give the total number density of $\chi$-particles produced

$$n_\chi = \frac{1}{(2\pi)^3} \int_0^\infty d^3 k n_k = (2\pi \Delta t_\ast)^{-3}.$$

The ratio of the energy density of the $\chi$-field to that of the inflaton field at the point when the inflaton would be at its maximum after the first explosive creation of $\psi$ particles is $\rho_\psi/\rho_\sigma \sim \tilde{g}^5/2 (10^{-6} M_{\text{Pl}}/m)^{1/2}$ [27]. Thus if $\tilde{g} > 1$ we see that most of the inflaton’s energy density is transferred to the preheat field during the first oscillation for $m \sim 10^{-6} M_{\text{Pl}}$. This constraint on $\tilde{g}$ is dependent on $m$ and the energy transfer is more efficient for $m \ll 10^{-6} M_{\text{Pl}}$, which would correspond to the inflaton perturbation being smaller than the observed primordial perturbation.

Assuming the decay products are massive, non-relativistic particles, then the expansion from an initial spatially-flat hypersurface to a final uniform-density hypersurface is given by $N \propto (1/3) \log n_\psi$. Hence the linear metric
perturbation \([30]\) is given by \(\zeta = (1/3)\delta n_\psi/n_\psi\). Thus if the effective coupling, \(\tilde{g}\), is dependent upon the phase of the complex field we have

\[
\zeta \simeq \frac{1}{2} \frac{\partial \log \tilde{g}}{\partial \theta} \delta \theta = \frac{F(R,\tan \theta)}{2} \frac{\delta \chi}{\sigma},
\]

where

\[
F(R,\tan \theta) \equiv \frac{\tan \theta(1 - R^2)}{R^2 + \tan^2 \theta} \quad \text{and} \quad R \equiv \frac{g_1}{g_2}
\]

We only need to consider the case \(R < 1\) and \(0 < \theta < \pi/2\), due to the symmetries of this model. The power spectrum is then given from Eqs \([27]\) and \([12]\) by

\[
\mathcal{P}_{\zeta,\text{iso}} \simeq \frac{F^2(R,\tan \theta)}{12\pi} \left(\frac{m}{M_{Pl}}\right)^2.
\]

Comparing this with Eq. \([35]\) we see that either \(\mathcal{P}_{\zeta,\text{iso}}\) or \(\mathcal{P}_{\zeta,\text{ind}}\) can dominate the primordial density perturbation depending on the values of \(R\) and \(\theta\). The asymmetric preheating creates the dominant primordial perturbation if

\[
F(R,\tan \theta) > 4N \simeq 240.
\]

We require \(R < 1/480\) for the isocurvature perturbations to dominate in any range of \(\theta\). If \(R \ll 1/480\) then the isocurvature perturbations dominate for \(240R^2 < \theta < 1/240\), while larger \(R\) will have a smaller range of suitable \(\theta\). The range of \(\theta\) where isocurvature perturbations dominate will be larger if \(N < 60\). We require that the inflaton trajectory is almost exactly along \(\phi_1\), the field with the smaller coupling constant \(g_1\). Although such small values for \(\theta\) may, a priori, seem unreasonably small, it may be that the interaction \([30]\) plays a role in selecting the inflaton trajectory during inflation, but such an investigation of the initial conditions for the inflaton are beyond the scope of this paper.

The WMAP normalisation that \(\mathcal{P}_\zeta \simeq 2 \times 10^{-9}\) constrains the three free parameters \(m\), \(R\) and \(\theta\). Equation \([35]\) shows that the primordial perturbations from the inflaton alone are of the required size if \(m \sim 10^{-6}M_{Pl}\). But if \(m \ll 10^{-6}M_{Pl}\) then we require some additional source of primordial density perturbations, and perturbations produced at preheating from isocurvature field fluctuations are of the required size if

\[
F(R,\tan \theta) = 200 \left(\frac{10^{-6}M_{Pl}}{m}\right).
\]

Using the formalism of \([20]\) and identifying the non-linear expansion as \(N \propto (1/3)\log(n_\psi(\theta))\), and assuming the isocurvature field perturbations themselves are Gaussian, the non-Gaussianity of the primordial perturbation \([22]\) can be given as

\[
f_{NL} = -\frac{5}{6} N_{\theta \theta} = -\frac{5}{3(1 - R^2)} \left(\frac{R^2 - \tan^2 \theta}{\sin^2 \theta}\right).
\]

This is of order unity, and hence likely to be unmeasurable, for \(\theta \sim R\), but can become large for smaller \(\theta\). For example if \(R = 10^{-3}\), then the perturbations from asymmetric preheating dominate in the range \(0.00026 < \theta < 0.0039\) and \(f_{NL}\) has its maximum deviation from zero of \(-24\) at \(\theta = 0.00026\), but is far smaller for most of the allowed range of \(\theta\).

IV. DISCUSSION

We have shown that isocurvature field perturbations during chaotic inflation with a symmetric, quadratic potential have an almost exactly scale-invariant spectrum. We have shown that the deviation from scale-invariance is second-order in slow-roll parameters. The rotational symmetry of the inflationary potential leads to the scale-invariance of the isocurvature spectrum and keeps these field perturbations decoupled from the adiabatic density perturbations in the inflaton field driving inflation. But the spectrum of initial isocurvature perturbations can be transferred to the primordial density perturbation if interactions after inflation break the rotational symmetry. The spectral index of the generated primordial density perturbation is then given by \(n \simeq 0.9998\).

The relative importance of adiabatic inflaton fluctuations versus isocurvature field fluctuations in determining the primordial density perturbation in the radiation-dominated era long after inflation depends upon the perturbation in
the local expansion $N$, represented by the dimensionless perturbation $\zeta$ in Eq. (53). In contrast with the inflaton, the amplitude of the density perturbations resulting from orthogonal perturbations is dependent upon the physics after inflation. Given that the inflaton and isocurvature field perturbations on the Hubble scale near the end of inflation are of similar magnitude, and that the inflaton spectrum is red so grows on larger scales, we actually require

$$\left( \frac{\partial N}{\partial \chi} \right)^2 \gg \left( \frac{\partial N}{\partial \sigma} \right)^2. \quad (48)$$

for the primordial perturbations due to fluctuations in an orthogonal field to dominate over the conventional inflaton result.

It turns out to be rather difficult to construct a simple model that can produce primordial density perturbations from the isocurvature perturbations that are larger than those from adiabatic perturbations in the inflaton field in our chaotic inflation model with a symmetric potential. The expansion during slow-roll inflation is sensitive to the value of the inflaton field, $\partial N/\partial \sigma \propto \epsilon^{-1/2}$ and hence the primordial power spectrum is boosted by a factor $\epsilon^{-1}$ relative to the inflaton field perturbations. If primordial density perturbations due to isocurvature field perturbations are to dominate, then their effect on the expansion history must be boosted by a larger factor.

In the simplest case of a single complex field, with a U(1) symmetric potential, one could simply postulate that the efficiency of reheating at the end of inflation is an arbitrary function of the phase, $\theta = \arctan(\phi_1/\phi_2)$. Local variations of the inflaton decay rate, $\Gamma$, produce a primordial density perturbation $\zeta$

$$\zeta = \frac{1}{6} \frac{\delta \Gamma}{\Gamma}. \quad (49)$$

We require $\Gamma, \theta/\Gamma \gg \epsilon^{-1}$ to produce a nearly scale-invariant spectrum of density perturbations that dominates over the inflaton perturbations. However as all the fields are oscillating on the same timescale, $m^{-1}$, at the end of inflation, due to the rotational symmetry of the potential, it is not clear that one can consistently implement the modulated reheating proposal of Refs. [8, 9] which assumes that the decay rate depends on the VEV of some light modulus field, which is assumed to be approximately constant during the decay of the inflaton.

One possibility is a curvaton mechanism where the real and imaginary parts of the complex field decayed at different rates, $\Gamma_1$ and $\Gamma_2$. However it turns out that perturbations from a curvaton mechanism in this model are always sub-dominant with respect to those from inflation perturbations. The maximum expansion from the end of inflation to the decay of the curvaton is $N = (2/3) \ln(H_c/\Gamma_1) < 60$, assuming the real part, say, decays before primordial nucleosynthesis, compared with $N = (1/2) \ln(H_c/\Gamma_2)$ to reach the same radiation density if the imaginary part decayed immediately at the end of inflation, $\Gamma_2 \sim H_c$. Assuming $N$ is a smooth monotonic function of the phase, $\theta$, we can estimate the perturbed expansion due to fluctuations in the phase as

$$\zeta = \frac{\partial N}{\partial \theta} \delta \theta < \frac{15 \delta \chi}{2\pi \sigma}. \quad (50)$$

From Eq. (51) we thus have

$$P_{\zeta, \text{iso}} < \frac{75}{4\pi} \left( \frac{m}{M_{Pl}} \right)^2. \quad (51)$$

Comparing this with Eq. (53) we see that the density perturbations from the curvaton are always subdominant with respect to those from inflaton perturbations.

Instead we considered a model of preheating at the end of inflation where particle production due to the resonant amplification of vacuum fluctuations is sensitive to the phase of a complex scalar field. In this case we showed that the isocurvature field fluctuations during inflation can perturb the local number density of particles produced in the preheating field, which leads to a primordial density perturbation. Combining the results from the inflaton perturbations $\zeta$ and the isocurvature perturbations $\zeta$ we obtain

$$P_{\zeta} = \frac{1}{12\pi} \left( \frac{m}{M_{Pl}} \right)^2 \left( 16 \left[ N + \frac{2\pi \sigma^2}{M_{Pl}^2} \sum_{k=aH} + \left( \frac{\tan \theta (1 - R^2)}{R^2 + \tan^2 \theta} \right)^2 \right) \right. \quad (52)$$

We see that if $R = q_1/q_2 \ll 1$, corresponding to an interaction that strongly breaks the rotational symmetry, then the primordial density perturbation can indeed be dominated by the nearly scale-invariant spectrum of isocurvature field fluctuations. Even in this model it is only possible along classical trajectories where $\tan \theta \ll 1$.

One should bear in mind that lowering the energy scale during inflation, set by the mass $m$, also reduces $N$, the number of e-foldings between our present horizon scale crossing outside the Hubble scale during inflation and the end
of inflation \[14\]. Throughout this paper we have taken \( N \approx 60 \) when giving numerical values which is nearly the maximum value possible. Reducing \( N \) also reduces the relative contribution of inflaton perturbations in Eq. \[52\].

Our model of asymmetric instant reheating is very similar in spirit to that of Kolb et al \[10, 29\]. Their model was based on a symmetric preheating interaction following inflation driven by a quadratic potential with broken symmetry. The spectral index of the isocurvature perturbations during inflation in that case can deviate from scale-invariance due to the broken symmetry.

Ultimately, observational data will determine whether the primordial density perturbation has a significant deviation from scale-invariance, as predicted by adiabatic fluctuations in the inflaton field driving chaotic inflation, or is compatible with the very nearly scale-invariant spectrum that could be produced from isocurvature perturbations during chaotic inflation. An equally important ingredient in the observational constraints is the amplitude of the primordial gravitational wave background that is predicted. The amplitude of gravitational waves is determined directly by the energy scale during inflation and is given by \[12\]

\[ P_T = \frac{32}{3\pi} \left( \frac{m}{M_{Pl}} \right)^2 \left[ N + \frac{2\pi\sigma_\tau}{M_{Pl}^2} \right]_{k=aH}. \]  

(A1)

Adopting the WMAP normalisation for \( \mathcal{P}_\zeta \simeq 2 \times 10^{-9} \) \[20\], the primordial tensor-scalar ratio is given by

\[ r \equiv \frac{\mathcal{P}_T}{\mathcal{P}_\zeta} \simeq 10^{-1} \left( \frac{m}{10^{-6} M_{Pl}} \right)^2. \]  

(A2)

Hence we see that the tensor-scalar ratio is reduced if \( m < 10^{-6} M_{Pl} \). Thus if isocurvature field fluctuations contribute to the primordial density perturbation the gravitational wave background is smaller than if the density perturbations are due solely to inflaton perturbations \[11, 12, 19\].

If observations rule out the relatively large tensor contribution, and deviation from scale-invariance of the scalar perturbations, then single-field chaotic inflation models may be ruled out. But if the primordial perturbations originated from isocurvature field perturbations during chaotic inflation driven by a symmetric potential, then the primordial perturbations could be very close to a Harrison-Zel’dovich spectrum, with \( n = 0.9998 \), and a much smaller amplitude of gravitational waves.

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APPENDIX A: HANKEL FUNCTION METHOD TO CALCULATE THE ISOCURVATURE TILT

The equation of motion for the isocurvature perturbation is

\[ \delta \dot{\chi} + 3H \dot{\delta \chi} + \left( k^2 a^2 + m^2 \right) \delta \chi = 0. \]  

(A1)

This can be rewritten in conformal time and using \( v = a \delta \chi \) as

\[ v'' + \left( k^2 + m^2 a^2 - \frac{a''}{a} \right) v = 0. \]  

(A2)

To write the equation above in a more useful form two useful equations, that can be derived using the slow-roll approximation, are \( \tau = -(1/aH)(1 + \epsilon + 7/3\epsilon^2 + \mathcal{O}(\epsilon^3)) \) and \( V/3M_p^2 H^2 = 1 - \epsilon_H/3 \) where \( \epsilon_H = \sigma^2/2M_p^2 H^2 = \epsilon - 2/3\epsilon^2 + \mathcal{O}(\epsilon^3) \). It then follows that

\[ m^2 a^2 = \frac{1}{\tau^2} \left( 3 + 5\epsilon + \mathcal{O}(\epsilon^2) \right), \]  

(A3)

\[ \frac{a''}{a} = \frac{1}{\tau^2} \left( 2 + 3\epsilon + 10\epsilon^2 + \mathcal{O}(\epsilon^3) \right), \]  

(A4)

and hence

\[ v'' + \left[ k^2 - \frac{1}{\tau^2} \left( \nu^2 - \frac{1}{4} \right) \right] v = 0 \quad \text{where} \quad \nu = \frac{3}{2} \left( \frac{5}{3} \epsilon^2 + \mathcal{O}(\epsilon^3) \right). \]  

(A5)
This equation can be solved in terms of Hankel functions assuming $\nu$ is constant. Note that within a few Hubble times $\nu$ is constant up to third order in slow roll, the solution is thus

$$v \simeq \sqrt{-\tau} \left[ c_1(k) H_{\nu}^{(1)}(-k\tau) + c_2(k) H_{\nu}^{(2)}(-k\tau) \right].$$ \hspace{1cm} (A6)

Matching this to the small scale Klein Gordon solution $v = e^{-ik\tau}/\sqrt{2k}$ implies $c_1(k) = e^{i(n+1/2)\pi/2}(\sqrt{\pi}/2) c_2(k) = 0$. The behavior of the Hankel function for small argument, $z$, is

$$H_{\nu}^{(1)}(z \ll 1) \sim \sqrt{\frac{2}{\pi}} e^{i(\nu-1/2)\pi/2} 2^{\nu-3/2} \frac{\Gamma(\nu)}{\Gamma(3/2)} z^{-\nu}.$$ \hspace{1cm} (A7)

Hence the late time solution is

$$|v| \simeq \sqrt{-\frac{\tau}{2}} (-k\tau)^{-\nu} (1 + O(\epsilon^2))$$ \hspace{1cm} (A8)

and the power spectrum is

$$\mathcal{P}_\chi(k) \simeq \frac{k^3}{2\pi^2} \left( \frac{|v|}{a} \right)^2 = \frac{1}{(2\pi)^2} \frac{(-\tau)^{1-2\nu} k^{3-2\nu}}{a^2} (1 + O(\epsilon^2)).$$ \hspace{1cm} (A9)

From this form of the power spectrum it is simple to read off the spectral index to second-order in slow-roll parameters:

$$\Delta n_\chi = 3 - 2\nu \simeq -\frac{10}{3} \epsilon^2.$$ \hspace{1cm} (A10)